

Get Fit - Methodist Healthcare Ministries

Contact

Resource Provider: Methodist Health Care Ministries

Provider Website: <https://www.mhm.org/services/get-fit/>

Phone Number:

361-526-484

Contact Address:

601 Crockett St.

Refugio, TX 78377

United States

Type of Resource: Community-Based Prevention & Intervention Service

ESC Region Served: Region 3: Victoria

Counties Served: Refugio

Districts/Charters: Refugio ISD

Intended Impact on Student Mental Health:

Provision of early, effective interventions to students in need of additional support

Zip Code Limitation: No

Additional Information

Evidence Based: Yes

Evidence Base Type: Promising Programs and Practices

Area of Focus: Positive Youth Development

Resource Tags:

Health/Medical,

Nutrition,

Parent education,

Youth development