

# Preparation for Adult Living (PAL) Program

## Contact

**Resource Provider:** BCFS Health and Human Services

**Provider Website:** <https://bcfscsd.org/>

Email:

[dc4304@bcfs.net](mailto:dc4304@bcfs.net)

Phone Number:

[+1 361-334-2876](tel:+13613342876)

Contact Address:

4346 NW Loop 410

San Antonio, TX 78229

United States

**Type of Resource:** Community-Based Prevention & Intervention Service

**ESC Region Served:** Region 3: Victoria

**Counties Served:** Calhoun, De Witt

**Districts/Charters:**

Calhoun County ISD, Cuero ISD, Meyersville ISD, Nordheim ISD, Westhoff ISD,  
Yorktown ISD

**Intended Impact on Student Mental Health:**

Connection of students and their families to specialized services in the school or  
community when needed

**Zip Code Limitation:** No

---

**Additional Information**

**Evidence Based:** Yes

**Evidence Base Type:** Best Practices

**Area of Focus:** Positive Youth Development

---

**Resource Tags:**

Mentoring,

Social services,

Transition,

Youth development