

Center for Adolescent Resiliency

Contact

Resource Provider: Texas Tech Center for Adolescent Resiliency

Provider Website: <https://www.depts.ttu.edu/hs/car/index.php>

Email:

hs.webmaster@ttu.edu

Phone Number:

[+1 806-742-3000](tel:+18067423000)

Contact Address:

P.O. Box 41230

Lubbock, TX 79409

United States

Type of Resource: Community-Based Prevention & Intervention Service

ESC Region Served: Region 17: Lubbock

Counties Served:

Bailey, Borden, Cochran, Cottle, Crosby, Dawson, Dickens, Floyd, Gaines, Garza, Hale, Hockley, Kent, King, Lamb, Lubbock, Lynn, Motley, Terry, Yoakum

Districts/Charters:

Abernathy ISD, Amherst ISD, Anton ISD, Borden County ISD, Brownfield ISD, Cotton Center ISD, Crosbyton CISD, Dawson ISD, Denver City ISD, Elementary School For Education Innovation, Floydada ISD, Frenship ISD, Guthrie CSD, Hale Center ISD, Idalou ISD, Jayton-Girard ISD, Klondike ISD, Lamesa ISD, Levelland ISD, Littlefield ISD, Lockney ISD, Loop ISD, Lorenzo ISD, Lubbock ISD, Lubbock-Cooper ISD, Meadow ISD, Morton ISD, Motley County ISD, Muleshoe ISD, New Deal ISD, New Home ISD, O'Donnell ISD, Olton ISD, Paducah ISD, Patton Springs ISD, Petersburg ISD, Plains ISD, Plainview ISD, Post ISD, Ralls ISD, Rise Academy, Roosevelt ISD, Ropes ISD, Sands CISD, Seagraves ISD, Seminole ISD, Shallowater ISD, Slaton ISD, Smyer ISD, Southland ISD, Springlake-Earth ISD, Spur ISD, Sudan ISD, Sundown ISD, Tahoka ISD, Texas Tech University K-12, Triumph Public High Schools-Lubbock, Wellman-Union CISD, Whiteface CISD, Whitharral ISD, Wilson ISD

Intended Impact on Student Mental Health:

Assistance to schools in aligning resources necessary to address the mental health of students,

Connection of students and their families to specialized services in the school or community when needed,

Provision of early, effective interventions to students in need of additional support

Zip Code Limitation: No

Additional Information

Evidence Based: Unknown

Area of Focus:

Grief-Informed and Trauma Informed Practices,
Positive Behavior Interventions and Supports, Positive Youth Development,
Safe, Supportive & Positive School Climate,
Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships,
Responsible Decision Making

Resource Tags:**Advocacy,****Family,****Mentoring,****Restorative,****Transition,****Trauma,****Truancy,****Youth development**