

UTHSCSA - TCHAT

Contact

Resource Provider:

UT Health San Antonio, TCHAT Texas Child Health Access Through Telemedicine

Provider Website: <https://lsom.uthscsa.edu/psychiatry/clinical-programs/cpan-tchat/>

Email:

TCHAT@uthscsa.edu

Phone Number:

[+1 210-450-6450](tel:+12104506450)

Contact Address:

United States

Type of Resource:

Community-Based Prevention & Intervention Service,
School-Based Mental Health Provider Service

ESC Region Served: Region 3: Victoria

Counties Served: De Witt, Goliad, Karnes, Refugio, Victoria

Districts/Charters:

Austwell-Tivoli ISD, Bloomington ISD, Cuero ISD, Goliad ISD, Kenedy ISD,
Meyersville ISD, Nordheim ISD, Nursery ISD, Refugio ISD, Runge ISD, Victoria ISD,
Westhoff ISD, Woodsboro ISD, Yoakum ISD, Yorktown ISD

Intended Impact on Student Mental Health:

Assistance to schools in aligning resources necessary to address the mental health of students,

Connection of students and their families to specialized services in the school or community when needed,

Identification of students who may need additional behavioral or mental health support before issues arise,

Provision of early, effective interventions to students in need of additional support

Zip Code Limitation: No

Additional Information

Evidence Based: Yes

Evidence Base Type: Evidence-based Programs and Practices

Area of Focus:

Early Mental Health Prevention and Intervention,

Grief-Informed and Trauma Informed Practices, Positive Youth Development,

Skill Building Related to Managing Emotions, Establishing and Maintaining Relationships,

Responsible Decision Making,

Substance Abuse Prevention and Intervention,

Suicide Prevention, Intervention & Postvention

Resource Tags:

Case Management,

Conflict resolution,

Family,

Family Counseling,

Grief,

Individual Counseling,

Medication/Medication Management,

Outpatient Mental Health Treatment,

Parent education,

TeleMentalHealth,

Trauma,

Youth development